

Maymessy

Social impact report 2020.

We believe in giving marginalised groups and disadvantaged young people greater wellbeing.

We do this through empowering bespoke cookery classes and wellness activities.



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Maymessy

Where good grub grows

A social enterprise.

We are unique, situated in rural South Oxfordshire surrounded by our own land, views of Ridgeway with a purpose built cookery school.



We are the only enterprise like this in Oxfordshire.

We support young carers, young people in the care system, children living in poverty, those with special needs and refugee families.

We do this because these groups may have:-

- 🍷 Lack of self-esteem and confidence
- 🍷 Poor diet, over reliance on take aways and fast food
- 🍷 Weight issues
- 🍷 Loneliness and lack of social interaction
- 🍷 Mental illness
- 🍷 Lack of opportunities.

Young people 8-24 years old and marginalised groups come away with greater self-esteem, confidence, team working skills, more knowledge of healthy eating and reduced loneliness.

We offer bespoke workshops such as cooking healthy recipes on a budget, yoga and gardening.

And we also have lots of fun.

Maymessy has collaborated with 10 Oxfordshire charities since opening in May 2017; supporting over 420 disadvantaged people.

Maymessy team – Freelance - Maia, Molly, Mariella, Volunteers, Kathleen and myself, and Alice doing Duke of Edinburgh Award

Case study: Oxfordshire Foster Care Association December 2019

Maymessy was asked to run a cookery workshop for new foster parents and their young people. They often have days out at Oxford football and were wanting something to suit other interests. OFCA wanted to bring together a small group of new families and learn how to cook family meals. It was a great morning of bonding, communicating through shared interests of food and cooking. They also had some fun on the tennis court kicking a football around.

“Pitched right and kids were relaxed and interacting. They are getting to know each other so just being here, supportive and collaborating was lovely.”

C H Chair of OFCA.



Maymessy response to Covid 19.

In January 2020, We were enjoying welcoming new local charities Pump House, Style Acre, Syrian Sisters and a charity picnic for a children cancer charity Team Mikayala when all events were cancelled due to Covid 19.

Case study:

A community interest company which promotes well-being at our heart, we wanted to help key workers in our community. We reached out to the NHS in Oxford asking if staff needed cooked meals as the kitchen was no longer in use. The critical care staff in Covid 19 ward were living in a hotel each night and self-isolating from their families. They were getting breakfast and a restaurant was supplying them with dinner, but they were in need of snacks during the day to put in their pockets to keep them going over the long 12 shift each day.

We were contacted by the Respiratory department whose team was in need of a care package having been working in desperate and exhausting conditions. We rose to the occasion, through a small but efficient group of volunteers.

Thank you Hector & Nancy, Molly, Mabel, Saffy and Tilda for their baking and local businesses Burford Garden Centre, Tesco Grove, Shai and Waitrose, Jeanette at Well preserved, Sally P -The Hive, Victoria at Living Herb, Kats Whiskers, Comfy Class supplying treats for care packages.

During the peak of the crisis, we supported NHS staff in Oxford with Easter care packages and treats to:

- 👤 The Respiratory Department
- 👤 Pain Department
- 👤 Infectious Diseases Departments
- 👤 Wantage Fire Station.

👤 Each week, for three months, we provided treats and snacks to 75 critical care staff who were working at the John Radcliffe each day and self-isolating in a hotel each night

👤 Each week, we made visits to support the parents at The Children's hospital, Oxford as shops were closed and parents wanted snacks. We provided care packages to all staff at the Children's Hospital with help from Ray Collins Charitable Trust.

"I can't even tell you how grateful staff were this morning for your delivery/ care packages. We really appreciate it. We even had tears!"

Manager of Respiratory Team.





“We really are so incredibly grateful for all your generosity. As I am sure you can imagine, the need for our support has grown enormously and we simply couldn't have responded to this need without people like you. Thank you!”

T Rawlings – Oxford University Hospitals Charity.

“Dear Maymessy I greatly appreciate your support to the NHS staff. Your thoughtfulness meant a lot to me and it helped when I often working long hours looking after Covid 19 patients. I enjoyed all the products and treats. Once again a million thanks.”

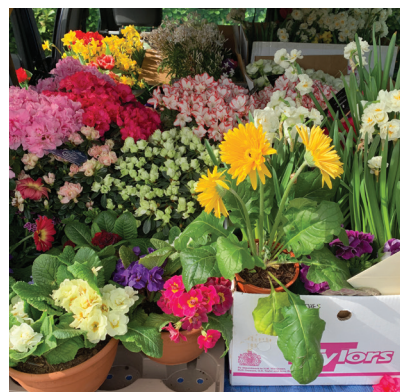
Room 28 23rd April 2020 NHS staff.

“Thank you so much! Every time I see the food, I forget a little about the crisis. You and Maymessy have been wonderful!”

NHS staff Hotel April 2020.

Program Officer Children hospital
JR Oxford University Hospitals.

“The team in children's are so delighted with your offer of help, so thank you so much. It will make such a huge difference to the parents to be able to grab a quick snack, so they do not have to leave their poorly children for too long.”



What next for Maymessy.

Maymessy will open its doors with Covid 19 safety guidance in place and will use more of our space for outdoor kitchen and dining area funding dependent. We will expand our wellness centre to include a wildlife walk and extend the veg garden. We look forward to re-booking the charities in 2021.

It is going to be an amazing year!

Volunteering / Part time employment

We hope to bring in a paid part time employee to support me scale up Maymessy by bringing in more disadvantaged groups. I am also looking out for skilled volunteers for events

management/ marketing and grant finding. We will welcome those who want work experience and mentoring and Duke of Edinburgh support. Do please get in touch.



Advocates of Maymessy.



We are thrilled to have been recognised by David Johnston MP for volunteering during Covid 19 and our donations to NHS Oxford. I look forward to my visit to Parliament for a day.

Maymessy -Finalist for education in the South East by the UK Social Entrepreneur Index and recognised as one of the best 55 social enterprises in the UK 2020.

Maymessy is thrilled to have joined B4 and Nexus with Alison Hail CEO Oxford Professional Consultancy who has kindly supported me with membership. Maymessy is part of ROBIN, Wantage Business Network and has been recently visited by the High Sheriff Amanda Ponsonby.

Young Ambassador
Hector Boswell.

“What an honour to have 13 year old Hector join us as a young ambassador to Maymessy. He has written and directed ‘The Road to Resilience’ about mental resilience and learning to live with anxiety. He is a supporter of mental health in other young people.”


Thank you to businesses who have supported Maymessy in 2020:

 **Bovis Homes**

 **Lagan Homes.**

And generous funding from:

 **Oxford Community Foundation - who v kindly will carry forward to 2021**

 **Vale of White Horse festival grant v kindly carry forward to 2021**

 **Tesco**

 **Waitrose**

 **Co-op Community Fund.**

“I am honoured to be a director of Maymessy and take the responsibility seriously. I have already committed to seek out ways of working with Anna and the other directors to increase revenue and impact to further the good work that Maymessy does over the next financial year.”

Andrea Hartley Director, Founder and CEO of Skating Panda, Board Trustee Mothers2mothers.



The funding recipe:



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Maymessy is set up as a community interest company. We are a not for profit and our income-generating activities are expressly designed to pay for its social purpose.

We are looking for funding for cookery workshops and a mentorship program and in particular a summer party for Team Mikayla and children with cancer in 2021.

Maymessy, barn and 24 acres of private land with views of Ridgeway is available to rent as a venue for business meetings, social distancing picnics, team building, network meetings and festivals and parties. Funds get ploughed into doing good.

We would love an ongoing relationship with local businesses, philanthropic individuals and local charitable trusts.

www.maymessy.com/funding

www.maymessy.com
anna@maymessy.com

Or follow us on Facebook:
Maymessycook



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